

Piercing Healing Instructions

Healing times for piercings will vary greatly.

Cleaning Procedure for External Piercings

Most piercings can be cleaned in the shower.

1. Wash area around the jewelry. Remove any dry matter from the jewelry.
2. Apply antibacterial soap to piercing. Work the soap in and out through the piercing at least 3 to 5 times.
3. Continue the same in-and-out motion while rinsing. Be sure to rinse thoroughly removing all of the soap.
4. Apply a small amount of Vitamin E oil. Work the oil through the entire piercing with the same in-and-out motion.

Repeat this cleaning procedure 2 to 3 times daily.

Cleaning Procedure for Oral Piercings

1. Rinse 3 to 5 times daily with antiseptic mouthwash for 60 seconds.
2. Apply 3 to 5 drops of Gly-Oxide® after each rinse.
3. Swelling will occur for the first 3 to 5 days. You must chew ice for the first 72 hours.

Any hot or spicy foods, drinks, or smoking will irritate your piercing during the healing period. The use of anything other than water or ice must be followed by a rinse with antiseptic mouthwash.

If you do experience any complications or have any questions about the healing and aftercare of your piercing, please call our studio at (304) 720-9064.

Thank You